



MAGNOLIAPLACEDININGFACILITY

On the Menu



Today

Lunch — cajun meatloaf, baked tuna and noodles, baked chicken, rice, mashed potatoes, squash, carrots, broccoli

Dinner — sukiyaki, onion-lemon baked fish, rice, potato halves, green beans, corn on the cob, vegetable stir fry

Saturday

Lunch — swedish meatballs, braised spareribs, rice, oven-browned potatoes, okra and tomato, peas, cauliflower

Dinner — chicken adobo, polish sausage, baked potatoes, rice pilaf, asparagus, lima beans, carrots

Sunday

Lunch — beef pot roast, parmesan fish, rice, mashed potatoes, corn o'brien, cabbage, spinach

Dinner — roast veal, country captain chicken, mashed potatoes, cottage fried potatoes, succotash, peas and carrots, brussels sprouts

Monday

Lunch — chicken nuggets, beef porcupines, veal parmesan, rice, parsley buttered potatoes, mixed vegetables, broccoli, chinese fried cabbage

Dinner — pork chops, sloppy joes, mashed potatoes, parsley buttered potatoes, herbed green beans, wax beans, collard greens

Tuesday

Lunch — roast beef, turkey pot pie, fried flounder, oven-browned potatoes, rice, broccoli, corn, carrots

Dinner — salisbury steak, lemon herbed chicken, mashed potatoes, crispy potato wedges, mixed vegetables, cauliflower, french style green beans

Wednesday

Lunch — yankee pot roast, knockwurst, barbecue chicken, o'brien, rice, fried okra, peas, corn

Dinner — tacos, honey glazed cornish hens, rice pilaf, mashed potatoes, brussels sprouts, lima beans, carrots

Thursday

Lunch — breaded pork steaks, chinese five spice chicken, spaghetti, rice, mashed potatoes, peas and carrots, beets, green beans

Dinner — grilled bratwurst, chicken enchiladas, mashed potatoes, spanish rice, cauliflower, peas with mushrooms, mexican corn

(Menu subject to change without notice)

Where to earn ATWIND game pieces this week

Saturday - Starlifter Lanes Renovation Blast, 9 p.m. - 2 a.m. Free admission

Monday - Troops-To-Teachers (Family Support Center Class)

Tuesday - Tops In Blue, 8 p.m. North Charleston Performing Arts Center

Wednesday - Kids-n-Kash (Family Support Center Class)

Wednesday - Parent Advisory Board meeting, 3:30-4:30 (Family Support)

Lunch at the Club - Monday
Family Night at the Club - Thursday

Lunch at Starlifter Lanes - Tuesday

Lunch at Wrenwoods Golf Course - Wednesday

Bingo night at the Club - Wednesday

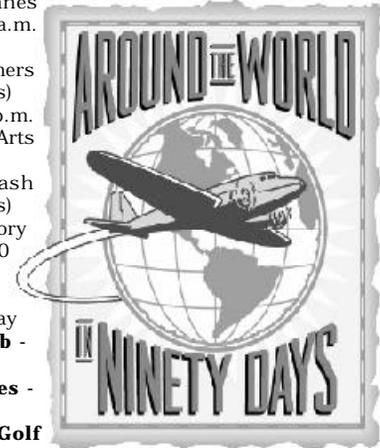
Karaoke night at the Club - Friday

Lunch at the Dining Facility - Wednesday

Complete a weekly Aerobics class

Complete an Aero Club Orientation Flight

Participate in the Base Chapel Vacation Bible School program



USS Rivers tour

The nuclear submarine USS L. Mendell Rivers will be open to the public today and Saturday at the Naval Weapons Station, Pier Charlie, from noon-3 p.m. Admission is free and open to the public.

