

Valentine's messages



As a Year of the Family II initiative, the *Airlift Dispatch* will print Valentine's Day messages to your loved ones

in the Feb. 11 edition.

Notes (written in 25 words or less) should be sent to: pamela.s.smith@charleston.af.mil by noon, Feb. 7.

Family members of deployed personnel who wish to send a Valentine's message should include the temporary address of the intended recipient. A copy of the *Airlift Dispatch* will be mailed to the individual.

Marriage enhancement seminar: The 437th Medical Group is offering a marriage enhancement class on Wednesdays.

The class, which began Wednesday, will run for six consecutive weeks.

For information on class times, or to register, call Jim Hernandez at 963-6504.

Induction ceremony: The 2000 Chiefs induction ceremony will be Saturday at 6 p.m. at the Charleston Club. All chief master sergeant selectees for 2000 will be honored.

Chiefs and squadron commanders are invited and spouses are welcome. Attendees may invite as many guests as desired. Cost is \$25 per person. Dress for the evening is mess dress or semi formal.

For information or to RSVP, call 963-5497.

Quarterly awards: The 437th Airlift Wing will recognize its quarterly award winners at the Quarterly Awards Breakfast Thursday at 7:30 a.m. in the Charleston Club ballroom. Cost for the breakfast buffet is \$8 for members and \$10 for nonmembers.

Commanders, supervisors and co-workers are encouraged to attend in support of the nominees. For information or to attend, call your unit first sergeant.

Annual awards banquet: The Charleston AFB Annual Awards banquet is Feb. 4 at the Charleston Club. Social hour begins at 6 p.m. and dinner will be served at 7 p.m. The cost is \$18 for members and \$21 for non-members.

Reservations should be made by Friday. For information or to RSVP, call your unit first sergeant.

Dental assisting program: The 437th

Dental Flight is accepting applications for the Red Cross Dental Assisting class, beginning in February. The program includes an academic phase as well as hands-on dental assisting training. The students will be taught to assist in general dentistry procedures. Some duties include: preparing a dental treatment room to treat patients; taking and recording vital signs; and preparing dental materials for use.

The program lasts six to seven months, with 40-hour class weeks. Benefits of completing this program include: certificate of training; obtaining a marketable skill; certification in Cardio Pulmonary Resuscitation; and exposure to a wide variety of dental specialty procedures.

Interested applicants can pick up an application at the dental clinic reception desk. The deadline to submit applications is Feb. 1. For information, call Staff Sgt. Jennifer Ramirez at 963-6839 or 963-6841.

Volunteers needed: Local Cub Scout Pack 483 needs leaders and assistant leaders. Anyone interested in volunteering must be at least 18 years old and willing to have fun. No experience is necessary. For information, call Cheryl Bruns at 207-1137.

Education

Study skills seminar: There will be a study skills seminar Monday-Tuesday from 8 a.m. to noon at the Com-

munity Education Center (Bldg. 221). For information, call 963-4575.

Silver Wings Scholastic assistance: The Charleston AFB Officers' Spouses' Association is offering Silver Wings Scholastic Assistance Awards for the 2000-2001 school year. To qualify, the applicant must be a graduate of the class of 2000 in good academic standing and a dependent of an active duty, retired or deceased Air Force member.

The OSA is also offering a scholarship to a qualified spouse of an active duty, retired or deceased Air Force member who will pursue higher education in the 2000-2001 school year. Applications are due by March 1.

To request an application, call Brooke Staley at 821-2262 or send an e-mail to cdstaley@mindspring.com.

Family Support Center

Pre-Deployment Briefings, 8 a.m., Monday and Jan. 31; 4 p.m., Thursday.

Troops-To-Teachers, 10-11 a.m., Monday

"Sip-n-Chat" meeting, 6:30 p.m., Monday

"Identifying Stress & Developing Coping Strategies" Workshop, 9 a.m. to noon, Tuesday. Learn how to identify stressors, develop personal strategies for coping with stress, and recognize the roles of nutrition, exercise, and low self-esteem in stress. All workshops are held at the FSC.